

My very Dear Brother

30. Aug^r 1834

I send you a flesh brush and would impress upon you the great benefit to be expected from its daily and untiring use - I returned with my wife about a week ago from Boston where we spent nearly two months with my dear daughter & husband & had a delightful visit - there I got two brushes made one of which I now send you by our ^{estimable} W Backus - I have made a constant habit of rubbing myself say twice every twenty four hours from my toes to the top of my head, and have derived not only much good health from this practice but great pleasure & comfort. indeed my dear Br I have little doubt of the fact that the brush & scaton in the back of my neck has hitherto prolonged my days in health & activity - the great object of this letter is to supplicate you to try both the brush & scaton I have little expectation of ever seeing you again, but hope I shall be gratified while we are spared by hearing often from you - I am now in my 72 year / since March 31. / and hope by rational & constant exercise & regularly in diet together with the brush and scaton to spin out a few years ^{more} in comfort to myself and usefulness to my family - my best love to your son, daughter & family & the Weatherills

Sally Lawrence is now with us on } Affection
her way to Dr, but when I don't know }
C. Kane

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Politeness of the
Rev. Mr. Backus